

# Self-isolation Ideas for Students

The Lake Primary School - 2022



The 'School Operations Guide' for Victorian Government schools states –

*Students who are required to isolate or quarantine should be supported in the same way as students with an extended absence due to illness or injury, with learning materials provided to support their continued learning. Schools are not expected to provide a full remote learning program in these circumstances.*

In addition to daily reading, maintaining a writing journal and keeping active, we suggest engaging with some of the practical activities listed below. If you would like further guidance, please consider contacting your child's classroom teacher between 8.30-8.45am and 3.30-4.00pm.

**Backyard Camping:** Who has set up the caravan or pitched the tent in the backyard? This creates a wonderful extra space for the kids to play, use their imagination and also have some independence. Setting up 'house' in the safety of the backyard will inspire some super fun make believe scenarios. Crack out the camp chairs and enjoy the space.

**Photo Challenge:** This challenge works inside and outside. Give your children an old phone and ask them to explore the backyard and take as many unusual or unique photos as they can. Ask them to both check each other's out and pick their top 10 to show the rest of the family. Family members can then choose their own favourites.

**Food Art:** This is one for the older kids – designing, planning & executing food art can be challenging and entertaining. From Food animals to funky pancake designs – the internet is filled with fun ideas.

**Dance Party:** Another activity that can be done inside or outside. Pump up the tunes, play DJ and watch the kids have a blast dancing their little hearts out. Make it even more special by adding a dress up element!

**Craft:** Colouring, drawing, painting, cut 'n' paste, decoupage, paper mache, sidewalk CHALK art, the list goes on.

**Cubby House:** Get out the old blankets, sheets & towels and create the ultimate space. During these isolation times, many parents will need to take bigger breaths as their kids make an enormous mess!

**Cooking/Baking:** Get them involved at meal times – this creates a strong sense of achievement for them and they will feel like they are contributing. Baking cookies, peeling vegetables, scrambling eggs – let them sift through the cookbooks and create masterpieces that they will be proud of. They could also create a little cooking show of their own.

**Movie Time:** Shut the blinds & curtains, get out the popcorn and make an event of it. Make it exciting and special with a SURPRISE element. Make a ticket booth and number the chairs in the lounge room. Role play can be so much FUN!

**Board Games:** In previous times, you might not have had time to get through a game of Monopoly, now it's time to dust off those old favourites and huddle together to relive the magic.

**Puzzles:** We LOVE jigsaw puzzles – another challenge for ones that have been done before – do it WITHOUT the picture!