

The Lake Primary School Weekly Newsletter



Issue #41

15th December 2022

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Important Dates

20/12/2022

Last Day Term 4 dismissal 1.30pm

2023 Important Dates

27/01/2023

Curriculum Day Pupil Free Day

30/01/2023

Yr 1-6 Students commence

06/02/2023

Preps Commence

Principal Message – Week 11

*Merry Christmas and All the Best for the
Holiday Break!*

Home Reading Challenge- Lunch with the Principal!

Congratulations to the students who joined me for lunch yesterday to celebrate their achievement of reading for 200 nights! I hope that you enjoyed your lunch menu 😊

Whole School Assembly Tomorrow

Our whole school assembly will commence at the earlier time of 2:20pm tomorrow. Hope to see you there!

Thank you!

This year has brought many opportunities to continue to build relationships with the community and to better know our wonderful students and staff! Thank you for your support throughout the 2022 school year 😊

I wish our families all the best for a Merry Christmas with your family and friends and the happiest of New Years!

'Every Student Matters, Every Moment Counts'

Take pride in being a 'Laker' every day at school!

Highlights of the 2022 School Year- Noted by Our Students & Staff!

Swimming lessons

Being back at school to see my teachers

Principal day

the dental van!

My new classroom next year

The 3/4 Cave Hill camp, seeing so amazing student personal growth

Captaining the 5/6 crew in cricket

Our amazing Education Support team

Athletics day

Mini Olympics for my school

Camp Kookaburra

Improving my drawing skills

Learning my times tables

STEAM

Learning lots of new things

Awards Night

Writing stories

Writing

P.E

Project Rokit

Do it for Dolly Day

Wellbeing Week

Kind regards,

Ms. Warburton

Thank you, Captains and Vice-Captains!

At The Lake Primary School we place a significant emphasis on strong role modelling. This year, as we have returned to 'normal' school practices, strong role modelling has been particularly important to consistently remind our student body what is expected of individuals both in words and deeds. Our student leaders – Zali, James, Charlee and Toby – have epitomised what it means to be a 'Laker'. They have consistently lived our school values of Respect, Success, Tolerance, Learning and Resilience. Each of them has grown their leadership skills and I am confident that they are going to be respected and upstanding citizens in their adult lives. I will miss their smiling faces and our daily chats. Thank you for your dedicated service to The Lake Primary School. All the best! *Regards, Shaun*



With the holidays just around the corner, Grade 3&4 students looked at coping and calming strategies, which we can try when managing our strong emotions. These emotions are a normal part of life and can be triggered by the lack of routine, more spare time and many other factors beyond our control.

I'd like to share a wonderful list of ideas, created by the students that they can do to manage their emotions. You might like to further share this with your children when some gentle redirection may be required.

CHECKLIST OF COPING STRATEGIES

- | | |
|---|---|
| <input type="checkbox"/> Go for a run | <input type="checkbox"/> Go to the park |
| <input type="checkbox"/> Read a funny story | <input type="checkbox"/> Write about it |
| <input type="checkbox"/> Ride a bike | <input type="checkbox"/> Play sport |
| <input type="checkbox"/> Play a computer game | <input type="checkbox"/> Talk to someone |
| <input type="checkbox"/> Play with friends | <input type="checkbox"/> Tidy your room |
| <input type="checkbox"/> Bounce on the trampoline | <input type="checkbox"/> Draw a picture |
| <input type="checkbox"/> Go for a swim and splash a lot | <input type="checkbox"/> Read a book |
| <input type="checkbox"/> Watch TV | <input type="checkbox"/> Help your parent |
| <input type="checkbox"/> Make something | <input type="checkbox"/> Ring your grandparent |
| <input type="checkbox"/> Play an imaginary game | <input type="checkbox"/> Play a favourite game |
| <input type="checkbox"/> Cuddle someone you love | <input type="checkbox"/> Have a drink of water |
| <input type="checkbox"/> Lie on your bed | <input type="checkbox"/> Wash your face |
| <input type="checkbox"/> Have a bath or shower | <input type="checkbox"/> Take some deep breaths |
| <input type="checkbox"/> Eat something delicious | <input type="checkbox"/> Sing a song |
| <input type="checkbox"/> Listen to some music | <input type="checkbox"/> Pat a pet |

Wishing all of our Lake community a safe and happy holiday.
Liz Patterson

Special Forever

Well done to Grace, Rosa and Nate who represented our school beautifully at the opening of the Special Forever: Voices of the Children exhibition at the Mildura Arts Centre. Grace, Rosa and Nate were all asked to read their wonderful writing at the opening of the exhibition. The exhibition runs until the 29th of January, at the Mildura Arts Centre. Students from 1/2C, 1/2D & a number of students from 1/2A also had their work selected for the exhibition. The exhibition showcases some of the great artwork and writing produced by local children.

